



Invitation

Köpenicker Badminton Club e.V. cordially invites you to an intensive and professionally supervised badminton camp. The camp is aimed at ambitious badminton players who want to systematically improve their technical and tactical skills in singles and doubles.

The focus is on high-quality training in a **modular format**, conducted by experienced coaches and active players from RL Sports.

Coaching Team

- **Robin Lazarus**, regional league player (BV Gifhorn), DBV HE ranking 76, multiple winner of Berlin ranking tournaments and international tournaments (Belgium East Open, Baccus Tourney)
- **Additional RL Sports coaches:** Karol Plocki and Luca Richter



General Information

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| Dates | 27–30 December 2025 |
| Venues | Sports Hall Pablo-Neruda-Str. 6–7, 12559 Berlin Sports Hall Blockdammweg 60, 10318 Berlin <i>The exact training venue is specified in the registration form.</i> |
| Organizer | Köpenicker Badminton Club e.V. |

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| Number of participants | Minimum 8; Maximum 16 |
| Minimum age | 16 years |
| Scope | 8 modules, each 3 hours (see below) |
| Training equipment | Used shuttlecocks provided for drills New shuttlecocks must be brought by participants / not included |
| Catering | Not included (self-catering) |

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| Registration deadline | By 26 December 2025 |
| Registration form | https://koepenickerbc.de/wintercamp2025 |
| Participation fee | 30,– EUR / module or 50,– EUR / day for KBC members 40,– EUR / module or 70,– EUR / day for external participants |

Individual training modules or single days can be booked separately, subject to availability.

Planned Modular Camp Schedule and Training Content

Day 1: Saturday, 27 Dec 2025 – 10:00–13:00 – Module 1

Footwork

Shot Consistency

Improving footwork and shot consistency in order to play with greater precision and control.

Day 1: Saturday, 27 Dec 2025 – 14:00–17:00 – Module 2

Technique: Slice Drop

Technique: Delayed Shots and Clears

This session focuses on refining technique: slice drops for precise placement, as well as the use of delayed shots and clears to apply pressure on the opponent.

Day 2: Sunday, 28 Dec 2025 – 12:00–15:00 – Module 3

Technique: Smash

Technique: Net Kill

The focus is on improving smash technique and net kill execution in order to finish attacks effectively.

Day 2: Sunday, 28 Dec 2025 – 16:00–19:00 – Module 4

Backhand Technique

This training session focuses on backhand technique using a structured three-step program and consolidates the learned skills through applied repetitions.

Day 3: Monday, 29 Dec 2025 – 12:00–15:00 – Module 5

Technique: Net Play

Service Return (Singles Focus)

The focus is on net play and the associated techniques, as well as serving and service return in singles to improve reactions to the opponent's serve.

Day 3: Monday, 29 Dec 2025 – 16:00–19:00 – Module 6

Preparation and Follow-up in Singles Construction

Active and Passive Rally

The focus is on rally construction in singles, addressing both active and passive preparation and follow-up of game situations.

Day 4: Tuesday, 30 Dec 2025 – 09:00–12:00 – Module 7

Defensive Play in Singles and Doubles

Defensive play is practiced in both singles and doubles, using different techniques adapted to each discipline.

Day 4: Tuesday, 30 Dec 2025 – 13:00–16:00 – Module 8

Doubles: Positioning

Attacking Play: Rotation and Follow-up

The central focus is on attacking rotation and positioning in doubles, with the aim of finishing points by effectively following up on previously learned patterns of play.

Registration

Registration is completed online and becomes binding upon transfer of the participation fee per day or per module via

<https://koepenickerbc.de/wintercamp2025>

For further questions, please contact:

info@koepenickerbc.de

Full-camp bookings and KBC members are given priority.

Notes

The organizer assumes no responsibility for physical or psychological injuries or any additional costs. Participation in the camp (including travel to and from the venue) is at the participant's own risk. The organizer expressly reserves the right to make changes to this announcement.

Köpenicker Badminton Club e.V.

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<https://koepenickerbc.de>

